



Massage by Tammy is excited to announce **NEW SERVICES** being offered

In addition to our regular massage offerings we will be adding a few new items.

Sole Rejuvenation...your overworked feet will be cleansed and softened with a relaxing scrub, preparing them for a dedicated massage to soothe aches and melt away tension. Perfect for anyone who craves serious relief for feet and lower legs.

Back, Neck and Shoulder Massage...specifically targeting problem area of muscle tension. Advanced massage techniques are used to ease away the stresses and strains caused by daily life. Muscle tensions in the back, neck and shoulder areas will be eased with the massage not only leaving you feeling exceptionally good, but relaxed and invigorated too! Cupping is optional.

Facial Massage...the technique involves stimulating pressure points on the face neck and shoulders. Facial massage helps promote healthy skin while relaxing your facial muscles. It has a relaxing and rejuvenating effect, helping you look and feel better. DoTerra essential oil products are used during this treatment.

Hot Stones Massage...smooth stones are heated and then lubricated with oils, the therapeutic effects of heat are used to relax muscles more deeply. Used as an extension of the therapist's hands, the use of massage stones induces deep relaxation and provides a unique experience many find to be tremendously calming and centering.

Book your appointment TODAY!!

www.massagebook.com/biz/massagebytammy

(785)341-0662 Call or Text